



Est. 1974

NYC REMAC

Advisory No.	2018-07		
Title:	Over Dose Prevention 'Leave Behind Kits'		
Issue Date:	July 6, 2018		
Effective Date:	Immediate		
Supersedes:	n/a	Page:	1 of 1

The Regional Emergency Medical Advisory Committee (REMAC) of New York City is responsible to develop, approve and implement prehospital treatment and transport protocols for use within the five boroughs of the City of New York. The Regional Emergency Medical Advisory Committee (REMAC) of New York City operates under the auspices of Article Thirty of the New York State Public Health Law.

In response to the national opioid crisis many health care systems provide naloxone to the lay public, specifically patients and friends of persons addicted to opioids. In support of these programs, NYC REMAC created protocols allowing Basic Life Support providers (EMTs and CFRs) to administer Naloxone Intra Nasally. To further support the fight against opioid deaths, the NYC REMAC recommends the distribution of Naloxone Overdose Prevention 'Leave Behind' Kits, **once these kits are made available to NYC EMS Agencies**. These kits, if available, would be left with the family, friends or over dose patients encountered by EMS staff in the course of daily response.

What Is In A Naloxone Overdose Prevention 'Leave Behind' Kit?

The kit will be provided in a bag or box and should contain:

- Naloxone Intra Nasal Spray, 4 mg/0.1ml (2 doses)
- Rubber gloves
- Face shield
- Alcohol Wipes
- Handout reviewing overdose risk, recognition and rescue steps
- Naloxone instruction sheet

Providers should refer to the NYC REMAC Altered Mental Status Protocols (EMT #411 and CFR #311)

Additional information for both EMS providers and the lay public can be accessed at this NYC Department of Health link: <http://www1.nyc.gov/site/doh/health/health-topics/naloxone.page>

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