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Title:	Revised REMAC Paramedic Credentialing Exam and CME Requirements		
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The Regional Emergency Medical Advisory Committee (REMAC) of New York City is responsible to develop, approve and implement prehospital treatment and transport protocols for use within the five boroughs of the City of New York. The Regional Emergency Medical Advisory Committee (REMAC) of New York City operates under the auspices of Article Thirty of the New York State Public Health Law.

*NYC REMAC is the authority for the regional credentialing of all Paramedics operating within the five (5) boroughs of New York City.*

As of January 1, 2015 all NYC REMAC paramedics seeking original or re-certification credentialing will be required to take a 120 question multiple choice exam. Those seeking re-certification must have or obtain the required 72 hours of CME in order to be re-credentialed.

Detailed information regarding the new REMAC Exam and CME Requirements is attached.

**Current and Updated Protocols can be accessed at the Regional EMS Council website:**  
[www.nycremsco.org](http://www.nycremsco.org).

**Owners/operators of Ambulance and ALS First Response Services providing prehospital medical treatment within the five boroughs of the City of New York are responsible to provide copies of the NYC REMAC Prehospital Treatment Protocols to their personnel, and to ensure that Service Medical Directors and EMS personnel are informed of all changes/updates to the NYC REMAC Prehospital Treatment Protocols.**

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# THE REGIONAL EMERGENCY MEDICAL SERVICES COUNCIL OF NEW YORK CITY, INC.

## *Revised REMAC Paramedic Credentialing Exam and CME Requirements*

### **NYC REMAC EXAM NEW FORMAT**

As of January 1, 2015 all paramedics seeking NYC REMAC credentialing will be required to take a 120 question multiple choice exam. 72 hours of CME is mandatory for all re-credentialing paramedics. Paramedics taking their first credentialing exam are not required to obtain CME if testing within one year of graduating from a paramedic basic program.

Candidates may recertify up to six (6) months before expiration. The registration deadline is the first day of the month of the exam. Links to the REMAC Paramedic exam calendar and exam registration are located at the NYC Regional EMS Council's website ([www.nycremsco.org](http://www.nycremsco.org)).

### **THE EXAM**

The exam is 120 multiple choice questions based on NYC REMAC Treatment & Transportation Protocols, including: General Operating Procedures, BLS (EMT) protocols, ALS (Paramedic) protocols and Appendices. There is a three (3) hour time limit for the exam.

The first 100 multiple choice questions are based on the following breakdown:

- **35% Adult medical emergencies**
- **15% Adult trauma**
- **15% Pediatrics**
- **15% General operating procedures**
- **10% BLS protocols**
- **10% Adult Arrest**

The last 20 questions are based on two (2) scenarios (1 adult medical and 1 pediatric), 10 questions each. You will be required to answer questions, based on the scenario, involving patient assessment, physical exam, EKG interpretation, diagnosis and appropriate treatment using the NYC REMAC protocols.

### **REMAC Exam Study Tips**

1. Study/memorize the NYC REMAC GOP, protocols and appendices.
2. Follow the pre-hospital approach.
3. There are no discretionary decisions on the protocols exam.
4. Be able to calculate drug doses based on patient weight.
5. Be able to interpret 3 and 12 lead EKG.
6. There is a correct answer for each question based on NYC REMAC GOP, BLS, ALS or appendices.

**PLEASE NOTE:** Previous REMAC candidates have experienced difficulty with:  
*Epinephrine use for pediatric patients, 12-lead EKG interpretation, Ventilation rates for pediatric & neonates*

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### **CME REQUIREMENTS**

72 hours of CME are required to be eligible to take the NYC REMAC re-credentialing exam. Paramedics taking their first credentialing exam are not required to obtain CME if testing within one year of graduating from a paramedic basic program.

#### **CME Categories are as follows:**

##### **36 hours – Physician Directed Call Review:**

- *PCR / ACR Review*
- *QAI Session*
- *Emergency Department Teaching Rounds* - Maximum of 18 hours

##### **36 hours – Alternative Source CME – Maximum of 12 hours per venue:**

- *Online CME*
- *Clinical rotations*
- *Lectures / Symposiums / Conferences*
- *Journal CME*
- *Certifications: BCLS / ACLS / PALS / NALS / PHTLS*

Evidence of CME compliance must be provided in the form of a CME letter from the paramedic's primary agency medical director. **Note: CME letters are subject to audit of records.** Candidates presenting fraudulent CME letters may have their regional credentials revoked by NYC REMAC.

#### Exam Eligibility Requirement Specifics:

##### Re-credential (Refresher) exam

1. Meets **FULL-CME** requirements
2. Has NYC REMAC card that is current or expired less than 30 days
3. Upon passing the exam, receives a three (3) year credential

##### Challenge exam

1. Does **NOT** meet **FULL-CME** requirements, but has written verification from paramedic's primary agency medical director evidencing **Partial-CME** (minimum of **18 hours of Call Review and 18 hours of Alternative Source CME**).
2. Registration requires a \$100 exam fee
3. Upon passing the exam, receives a six (6) month provisional credential.
  - a. To receive remainder of the three (3) year credential:
    - i. Written evidence of CME completion must be received from the paramedic's primary agency medical director **PRIOR** to expiration of the provisional credential

##### Expired exam

1. Meets **FULL-CME** or **Partial-CME** requirements
2. Has NYC REMAC card that is expired **GREATER** than 30 days
3. Registration requires a \$100 exam fee
4. Upon passing the exam, receives a three (3) year or six (6) month credential, dependent upon CME status