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NYC REMAC

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The Regional Emergency Medical Advisory Committee (REMAC) of New York City is responsible to develop, approve and implement prehospital treatment and transport protocols for use within the five boroughs of the City of New York. The Regional Emergency Medical Advisory Committee (REMAC) of New York City operates under the auspices of Article Thirty of the New York State Public Health Law. This document was created in conjunction with FDNY in an effort protect EMS providers and the general public.

Cases of Coronavirus (COVID-19) have been confirmed within the New York City area, and an increase is anticipated through community spread. While some patients can be recognized as meeting FC (fever cough) call-type, **not all patients will have visible signs/symptoms for immediate identification.**

Fever Cough (FC) call type:

1. patient complaining of fever **OR** cough **AND** travel to China in the past 14 days, or
 2. patient complaining of fever **OR** cough **AND** contact with an ill person who has traveled from China in the last 14 days
- Effective immediately, **ALL** patients requiring nebulized medication, inclusive of those identified/suspicious for the FC call-type, should have nebulized medication administered using a delivery device that limits misting into the environment, **if available**. These devices may be available under the term, breath actuated nebulizers (BAN).
 - If mist limiting nebulizers are not available and treatment is indicated, and the patient has a meter dose inhaler, instruct the patient to use the inhaler. If the inhaler is not effective **AND** the patient status requires medication urgently, provide nebulized medication using available device. EMS Providers must don proper PPE (N95, eye-shield or goggles, gloves and gown).

Note:

- **PPE (gloves, gowns, N95 masks, and eye protection) MUST be donned prior to any procedure with potential for aerosolization. This includes nebulization, intubation procedures and CPAP, particularly when administering nebulized medications.**
- **This applies to all patients, not just those identified/suspected as FC call type.**
- **An N95 mask shall never be applied to a patient.**

Current and Updated Protocols can be accessed at the Regional EMS Council website: www.nycremsco.org.

Owners/operators of Ambulance and ALS First Response Services providing prehospital medical treatment within the five boroughs of the City of New York are responsible to provide copies of the NYC REMAC Prehospital Treatment Protocols to their personnel, and to ensure that Service Medical Directors and EMS personnel are informed of all changes/updates to the NYC REMAC Prehospital Treatment Protocols.

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